

CB-BK WE1 2026: Session: 2: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Houtevelt Kyllian HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE WOMEN 13-14			Heat:6, starttime: 17:45
Heat: 6/15 Lane : 7 Athlete: DEROOST BEAU			Q-time: 01:16:40
PB (50m pool): 01:20.66 Antwerpen 15/03/2026			PB (25m pool): 01:16.40 SB: 01:20.66 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.53	01:20.66	
	00:39.53	00:41.13	
			

Coach feedback: